



## LORIC Challenge in George Stephenson High School

Have a go at this challenge designed for you by one of our fantastic Year 10 students!

As you all are going to be the new members of the GSHS community it is important that we share our values as a school. Below are four of our values that we feel are incredibly important in making you the best individuals you can be for the future!

Take a read then try and do our challenges as you begin your journey with us.

**What is LORIC? LORIC stands for:**

**Leadership**- Are you a natural born leader? Could you see yourself influencing people do to things? Do you like to take charge?

**Organisation**- Are you organised? Do you know where all your things are? Do you plan before you do things?

**Resilience** – Do you give up straight away? Do you keep trying even when things are not going your way?

**Initiative**- Do you have confidence in yourself? Do you wait for people to tell you to do things or do you do know what needs to be done and get started?

**Communication**- Do you talk to people well? Are you able to talk to people in the way you would like to be spoken to? Are you able to work in a team?

**Try and do daily tasks that will help you improve these values! Record them and have it for evidence to claim your first LORIC card at GSHS. Good luck everyone!**

**Here are some challenges for you all to complete to try and get the most positive start in our school as you can!**

**Leadership**

- Arrange a fun activity for do with the people in your household or virtually with other members of your family.
- Create a quiz that everyone will enjoy.

**Organisation-**

- Plan the next shopping delivery
- Organise the meals for the week using the foods you have in the kitchen.
- Start planning what school accessories you need and make a list.

**Resilience-**

- Start a new project and take pictures of your progress!
- When you are allowed out on your daily exercise if you are on a run try and increase your time each day.

**Initiative-**

- Ring your relatives and ask how they are during the circumstances.
- Make a little something for your parents/guardian to show how you appreciate what they are doing for you.

**Communication-**

- Choose a topic and set up a debate with people in your family. Being able to express your own opinion clearly and calmly is a very important skill.
- Interview a member of your family over the phone. Plan a range of open and closed questions.

**These are just some ideas!**