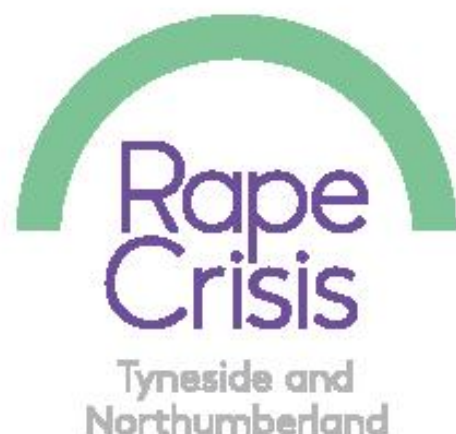


Information or referrals

0191 222 0272
rctn.org.uk

(Online referral form available)



We will listen and support you

for women and girls (13 plus) who
have experienced sexual violence

We offer counselling, helpline and email support,
group work and practical and emotional support
in Tyneside and Northumberland

Helpline and email support:

0800 035 2794

emailsupport@rctn.org.uk

Monday to Thursday 6pm – 8.30pm

Friday 11am – 2pm

