

Overview for Sixth Form PSHE

Health and Wellbeing

- Making decisions for the future
- Transitioning through life phases
- Confidence and self-esteem
- Body image and body enhancement/alteration
- Mental health and emotional wellbeing
- Physical wellbeing
- Online safety
- Personal safety
- Sexual health
- Drugs and alcohol

Relationships

- Healthy relationships
- Friendships
- Consent
- Contraception
- Bullying
- Abuse
- Discrimination

Wider World

- World of work
- Career aspirations
- Interview preparation
- Rights and responsibilities of work
- Code of conduct in the workplace
- Finance and budgeting
- Online appearances
- Use of the media for information