

Careers at GSHS

We are very excited to welcome you into the Careers Department. Our aim is to inspire you to be passionate, confident and aspirational about your career choices. From the outset we will get you to build on and understand your unique skills, qualities and experiences that help you to have successful and happy futures.

What can I expect in Year 7?

You will have one lesson a fortnight for Careers and will begin your journey by understanding your unique personal traits, strengths and skills. This will help you to build confidence and get to know the other people in your class. We also look at the role of volunteering, and how this can both help your local community and make you a better candidate for a job. We look at personal finances and the importance of saving. All of this may help you to build up a realistic idea of the sort of job that you could be interested in (and to discount others).

By the end of Year 7 you will have a personalised printout of a job that you are interested in and we will work with you to start to build skills that would be useful for this job.

Challenges/tasks that you could do before you begin

1. **Star qualities.** Using the internet research 'personal qualities' and try to choose three qualities that you think that you already have. You might want to give an example of why you think you have each.
2. **Managing feelings.** Make a list of both the positive and negative feelings that you might experience the week before you start school. It is normal to experience a mixture of both. Next to each, try to explain how this may be similar to the feelings that you might have when you get your first job.
3. **Volunteering opportunities.** Using the internet, research potential volunteering opportunities that are available within your local area. Rank these by most suitable to least suitable for you to take part in.

Something to remember

We are very lucky to have dedicated Careers lessons at our school and two dedicated Advisors to help you. Recent feedback from local employers has praised our students for being organised and reflective in terms of planning and preparing for their career paths. We want to start this journey as soon as you begin in Year 7 so that you can achieve your potential.