

Component	Key Progression Indicators Knowledge, Understanding and Skills
<p><u>Component 1:</u> Preparing Participants to Take Part in Sport and Activity</p> <p>PSA 1 -30% of overall grade</p>	<p><u>Component 1:</u></p> <p>Task 1: Increasing participation in regular sport or physical activity for different types of sports participants</p> <p>Task 2: Equipment and technology required for participants to use when taking part in sport and physical activity</p>
<p><u>Component 2:</u> Taking Part and Improving Other Participants Sporting Performance</p> <p>PSA 2 -30% of overall grade</p>	<p>Task 3a: Preparing participants to take part in sport and physical activity (plan a warm up)</p> <p>Task 3b: Preparing participants to take part in sport and physical activity (Lead a warm up)</p>
<p><u>Component 3:</u> Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity</p> <p>External Exam – 40% of overall grade</p>	<p><u>Component 2:</u></p> <p>Task 1: Components of fitness. Task 2: Participating in sport Task 3: Officiating in sport Task 4: Improving participants' sporting skill</p> <p><u>Component 3:</u></p> <p><u>Exam</u></p> <p>A: Explore the importance of fitness for sports performance B: Investigate fitness testing to determine fitness levels C: Investigate different fitness training methods D: Investigate fitness programming to improve fitness and sports performance</p>

BTEC Sport Calendar

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9	Week 10	Week 11	Week 12	Week 13
Year 10	<p>Component 1:</p> <p>Task 1: Increasing participation in regular sport or physical activity for different types of sports participants.</p>								H/T	<p>Component 1:</p> <p>Task 2: Equipment and technology required for participants to use when taking part in sport and physical activity</p>				
Year 11	<p>Component 2:</p> <p>PSA 2: Moderated assessment</p> <p>Assignment worth 30% of overall grade</p>									<p>Component 2:</p> <p>PSA 2: Moderated assessment</p> <p>Assignment worth 30% of overall grade</p>				

	Week 14	Week 15		Week 16	Week 17	Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25
Year 10	<p>Component 1</p> <p>Task 3a: Preparing participants to take part in sport and physical activity (plan a warmup)</p>		XMAS	<p>Component 1</p> <p>Task 3b: Preparing participants to take part in sport and physical activity (Lead a warmup).</p>						H/T	<p>PSA 1: Moderated Assessment</p> <p>Assignment worth 30% of overall grade</p>			
Year 11	<p>Component 2:</p> <p>PSA 2: Moderated assessment</p> <p>Assignment worth 30% of overall grade</p>			<p>Component 3:</p> <p>A: Explore the importance of fitness for sports performance</p>							<p>Component 3:</p> <p>B: Investigate fitness testing to determine fitness levels</p>			

	Week 26	Week 27	EASTER	Week 28	Week 29	Week 30	Week 31	Week 32	H/T	Week 33	Week 34	Week 35	Week 36	Week 37
Year 10	PSA 1: Moderated Assessment Assignment worth 30% of overall grade			Component 2: Task 1: Components of fitness						Component 2: Task 2: Participating in Sport Task 3: Officiating in sport				
Year 11	Component 3: B: Investigate fitness testing to determine fitness levels			Component 3: C: Investigate different fitness training methods D: Investigate fitness programming to improve fitness and sports performance										

	Week 38	Week 39
Year 10	Component 2: Task 4: Improving participants' sporting skill	
Year 11		