George Stephenson High School Secondary Scheme of Work: Key Stage 4 BTEC Tech Award Level 1/2 in Sport

| Component  | Key Progression Indicators<br>Knowledge, Understanding and Skills   |
|--|---|
| Component 1:<br>Preparing Participants to Take Part in Sport and Activity<br>PSA 1 -30% of overall grade                                       | Component 1:   Task 1: Increasing participation in regular sport or physical activity for different types of sports participants   Task 2: Equipment and technology required for participants to use when taking part in gpart and physical activity.                             |
| Component 2:<br>Taking Part and Improving Other Participants Sporting Performance  | when taking part in sport and physical activity<br>Task 3a: Preparing participants to take part in sport and physical<br>activity (plan a warm up)  |
| PSA 2 -30% of overall grade  | Task 3b: Preparing participants to take part in sport and physical activity (Lead a warm up)  |
| Component 3:Developing Fitness to Improve Other Participants Performance in<br>Sport and Physical ActivityExternal Exam – 40% of overall grade | Component 2:<br>Task 1: Components of fitness.<br>Task 2: Participating in sport<br>Task 3: Officiating in sport<br>Task 4: Improving participants' sporting skill  |
|  | Component 3:   Exam   A: Explore the importance of fitness for sports performance   B: Investigate fitness testing to determine fitness levels   C: Investigate different fitness training methods   D: Investigate fitness programming to improve fitness and sports performance |

## **BTEC Sport Calendar**

|         | Week 1   Week 2   Week 3   Week 4   Week 5   Week 6   Week 7   Week 8  |     | Week 9 Week 10 Week 11 Week 12 Week 13  |
|---------|--|-----|---|
| Year 10 | Component 1:   | H/T | Component 1:  |
|         | Task 1: Increasing participation in regular sport or physical activity for different types of sports participants. |     | Task 2: Equipment and technology required for<br>participants to use when taking part in sport and<br>physical activity |
| Year 11 | Component 2:   |     | Component 2:  |
|         | PSA 2: Moderated assessment  |     | PSA 2: Moderated assessment   |
|         | Assignment worth 30% of overall grade  |     | Assignment worth 30% of overall grade   |

|         | Week 14   | Week 15  | XMAS | Week 16 | Week 17 | Week 18                            | Week 19  | Week 20 | Week 21 | H/T | Week 22 | Week 23                 | Week<br>24  | Week 25 |
|---------|---|--|------|---------|---------|------------------------------------|--|---------|---------|-----|---------|-------------------------|---|---------|
| Year 10 | Tas<br>Prep<br>partici<br>take par<br>and p<br>activity | onent 1<br>k 3a:<br>paring<br>pants to<br>t in sport<br>hysical<br>v (plan a<br>mup) |      | Task 3  |         | ng participa                       | onent 1<br>ants to take<br>(Lead a wa                      |         | ort and |     |         | Asse<br>Assi<br>worth   | Moderated<br>essment<br>gnment<br>n 30% of<br>all grade | ł       |
| Year 11 | PSA 2: M<br>asses<br>Assignm<br>30% of                  | onent 2:<br>Ioderated<br>ssment<br>ent worth<br>overall<br>ade                       |      |         |         | A: Expl<br>import<br>fitnes<br>spo | onent 3:<br>lore the<br>ance of<br>ss for<br>orts<br>mance |         |         |     |         | B: Invest<br>testing to | oonent 3:<br>igate fitne<br>o determir<br>ss levels     |         |

|         | Week<br>26                     | Week<br>27   | EASTER | Week<br>28 | Week<br>29                           | Week<br>30   | Week<br>31                            | Week<br>32 | H/T | Week<br>33 | Week<br>34 | Week<br>35  | Week<br>36 | Week<br>37 |
|---------|--------------------------------|--|--------|------------|--------------------------------------|--|---------------------------------------|------------|-----|------------|------------|---|------------|------------|
| Year 10 | Mod<br>Asses<br>Assig<br>worth | GA 1:<br>erated<br>ssment<br>gnment<br>30% of<br>Il grade    |        |            |                                      | omponent<br>Task 1:<br>mponents<br>fitness   |                                       |            |     |            | Pa         | omponent<br>Task 2:<br>rticipating<br>Sport<br>s 3: Officia<br>in sport | j in       |            |
| Year 11 | B: Inv<br>fitr<br>test<br>dete | onent 3:<br>estigate<br>ness<br>ing to<br>ermine<br>s levels |        |            | C:<br>diff<br>D: Inv<br>pro<br>impro | omponent<br>Investiga<br>ferent fitno<br>training<br>methods<br>restigate fi<br>ogramming<br>ove fitness<br>ts perform | ite<br>ess<br>itness<br>g to<br>s and |            |     |            |            |   |            |            |

|         | Week 38   | Week 39             |
|---------|-----------|---------------------|
| Year 10 | Compo     | onent 2:            |
|         | Took 4. I | mproving            |
|         |           | mproving<br>ipants' |
|         |           | ng skill            |
| Year 11 |           |                     |
|         |           |                     |
|         |           |                     |