

## Alternative Menu Form (Allergy & Lifestyle Notification and Medical Diet Request)

The Company is committed to providing support for children with medical dietary requirements and any allergy or lifestyle needs.

For core allergy and lifestyle requirements, this form can be returned to the school directly to notify the catering department of your child's requirements. Allergen safe menus that cover the 14 legal allergens are available to all schools. Vegan and Halal menus are also available on request. Allergen safe menus are managed in accordance with our [Allergy Policy](#). Parents may need a menu consultation with the catering team.

For medical diet requests, this form can be returned to the school who should forward it on to the operations manager. It is vital that all forms are accompanied with a referral letter or other information from a medical professional (GP/consultant/dietician). The Operations Manager & Catering manager may need to meet the student's parent/guardian to discuss any specific requirement and will consult with the company Nutritionist for bespoke dietary needs.

Students Details					
School/Academy				Male	Female
Student's Name					
Student's Class					
<b>Diet requests are categorised into allergies, lifestyle and medical. Please complete the section/s which are applicable to the child's dietary needs.</b>					
Allergy Intolerance Notification please indicate the allergy/ies your child <b>CAN NOT</b> consume					
Please confirm if allergy or intolerance	Peanut	Milk	Crustacean	Soybean	Fish
Allergy                  Intolerance					
Please indicate the foods the student <b>CAN NOT HAVE:</b>	Celery	Nuts	Sesame Seeds	Mustard	Lupin
	Eggs	Molluscs	Gluten	Sulphites	*Other
*Other – Please state (if the child has a dietary requirement outside of these 14, a bespoke menu may be required).					
Please provide details of the nature of the allergy/intolerance- ingestion/direct contact/in-direct contact					
Has the allergy or intolerance been medically diagnosed? (This must be provided for students with severe reaction / anaphylactic shock.)					
Do you require a menu consultation with the catering team?					

**Lifestyle Request**

Please provide details for dietary requirements based on lifestyle choices:

- Halal
- Vegan
- Other (bespoke menu required, please provide details below)

**Medical Request**

If the child requires a modified texture diet, please tick which texture/s **is** suitable:

- IDDSI 7: Easy to chew
- IDDSI 6: Soft & bite-sized
- IDDSI 5: Minced & moist
- IDDSI 4: Pureed / extremely thick
- IDDSI 3: Liquidised / moderately thick
- OTHER : Please complete below

Any additional details:

Please provide details of any other medical dietary needs. Please attach evidence from a health professional.

**Parent/Guardian Details**

Contact name and relationship	
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Contact – phone number and email address	
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**Other Information (completed by the Caterer)**

Has a photo been provided if required		If EpiPen/ medicine is needed, who is the contact in school and is it kept on site?	
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**Parent/Guardian Acceptance**

Whilst we can provide meals which do not include allergens, please understand that these meals are prepared in a kitchen where other foods are stored, prepared & cooked that contain allergens as well as present in some ingredients from our suppliers due to production techniques.

I confirm that the information supplied is correct and will notify of any changes to the school and caterer immediately. I also understand that this information will be shared with others and maybe displayed in the kitchen.)

Name	Signed	Date
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## Company use only

### Agreed Actions

The Company uses a colour coding system to identify student requirements. **Based on the above information, please confirm which applies:**

- **RED** – student has had a severe reaction/anaphylactic shock to known food or has a risk of choking.
- **AMBER** – student has an intolerance.
- **BLUE** – student excludes foods due to lifestyle choice.

#### **RED Category Student**

Plated Meal provided

Packed lunch provided by the parent/guardian.

Student going home.

Modified texture menu required

Other

#### **Type of Menu Agreed**

**AMBER & BLUE Student – Parent to order suitable meal from the menu following**

#### **Any other relevant information**

Operations/Area Manager	Signed	Date
Catering Manager Name	Signed	Date