



North Tyneside Council

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**FREE online courses for all residents!**



## Understanding Your Child

Popular **online** course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

## Understanding Pregnancy, Labour, Birth and Your Baby

**Online** course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS professionals.

## Understanding Your Baby

**Online** course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors



Written by Psychologists,  
Psychotherapists, Health Visitors  
& NHS and Education professionals  
Award winning • Not for profit



@SolihullApproach



Solihull Approach

UNDERSTANDING YOUR CHILD  
SOLIHULL APPROACH



## Welcome to Our Place

The place to unearth all your potential as a parent or carer

learn, understand. Fascinating online courses for everyone who wants to be an mum, dad, grandparent or carer.

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For technical support contact

[solihull.approach-parenting@heartofengland.nhs.uk](mailto:solihull.approach-parenting@heartofengland.nhs.uk)  
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FREE online courses available at

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